

Infantry School

Cango

42.2km & 21.1km



Saturday 1st March 2025

Race Starts: 42.2km // Cango Caves // 06 :00
21.1km // Ou Tol // 06 :00
4km: **Friday 28th February 2025**

Finish Venue: Military Base "Infantry School"

Cut-Off Times: 21.1km = 3.5 hours // 42.2km = 6 hours

Entry Fees:

42.2km: Licensed R322.00 // Unlicensed : R367.00

21.1km: Licensed: R262.00 // Unlicensed: R307.00

4km: R20.00 Per person.

**Friday,
28th February 2025**

Online entries and
race day entries.
Fun Walk or Fun Run
4KM (R20).
Eats and drinks.

**Saturday,
24 February 2024**

Cango Marathon and
Half marathon 2024.
Eats and drinks.

This event is held under the rules and regulations of ASWD, ASA and WA.
The event is timed by FinishTime. Your chip will be attached to your race number.
Entries close midnight on the 4th February 2024. No late entries accepted. No upgrades
or downgrades allowed after the closing date. **ENTER AT: www.topevents.co.za**

C A N G O
C A V E S



Infantry School **Cango**

Race Information:

- 4km Fun Run/Walk run Friday 28th February 2025 at 18:00, from Military Base Oudtshoorn Sport ground. Lots of lucky draws!!!
- Transport for the marathon to the Cango Caves at 04:00 sharp and half marathon to OuTol at 05:00 sharp, will leave from Infantry School Parade ground.
- The 21,1 km walk and the 21,1 km starts at 06:00 from the Ou Tol.
- The 42,2 km starts at 06:00 from the Cango Caves . All races will end at the Military Base Oudtshoorn sport ground.
- 42,2 km cut-off time 12:00 * 21,1 km cut off time 09:30
* 21,1 km walk cut off time 10:00
- Prize giving at 12:30 at Military Base, Oudtshoorn sport ground.
- Ablutions at the different start points and at the end point (military sports fields).

Number Collection:

Number collection will take place on Friday 28th February 2025 from 14:00 – 22:00 at the Military Base Sports ground, as well as on the morning of the event from 03:30 – 05:00. NO collections will take place at either of the start venues. Late collections of bib numbers on race day morning, will only be at the Military Base, before departure of the busses to the starting points .

Transport timings and only buses:

Transport for the marathon to the Cango Caves at 04:00 sharp and half marathon to OuTol at 05:00 sharp, will leave from Infantry School Parade ground. Please be on time. No individual vehicles will be allowed to transport athletes to the start. This rule will be strictly enforced by Law enforcement. Only organizers and race referees allowed.

TIMING AND RESULTS: The results will be electronically produced on race day by the official chip timing system.

1. Your timing chip will be placed on your race number. The race number must be worn on the front of your vest and visible at the finish line. There is a foam strip on the back of the race number. Please do not remove the timing chip and foam strip from the race number – doing so will result in NO finish time. For safety and timing purposes, ONLY the person assigned to this race number may use it. No swopping of race numbers as the race number is linked to your name and finishing time and may result in your disqualification.

Prize giving & Incentives:

	42,2KM		21,1KM		21,1 KM WALK	
	MEN	LADIES	MEN	LADIES	MEN	LADIES
Open: 1st	R1500	R1500	R800	R800	R300	R300
2nd	R1000	R1000	R600	R600		
3rd	R500	R500	R400	R400		
40-49: 1st	R600	R600	R300	R300	R300	R300
50-59: 1st	R600	R600	R300	R300	R300	R300
60+: 1st	R600	R600	R300	R300	R300	R300
70+: 1st	R600	R600	R300	R300	R300	R300
80+: 1st	R600	R600	R300	R300	R300	R300
Jnr: 1st	-	-	R300	R300	R300	R300

42,2 km	MEN		LADIES	
	Sub 2:10:00 R1000	Sub 2:15:00 R500	Sub 2:45:00 R1000	Sub 2:50:00 R500

Incentives will only be paid out to a maximum total of R5000,00.

RACE RULES

- The Cango Marathon and Half Marathon is run in accordance with the rules of ASA and ASWD.
- The Cango Marathon and Half Marathon is open to all licenced and non-licenced runners of 16 years and older for the 21.1km and 20 years and older for the 42.2km.
- Licensed runners should wear club colours. Official event race number to be worn on the front. Registered athletes must wear their ASA licenses on the front and back of their vest. The race number must be worn on the front of the vest, partially covering the ASA license, so that the ASA license sponsor remains visible. Temporary licensed runners must wear the race number on the front of their vest and the temporary license on the back.
- Temporary licensed participants are eligible for age category prizes provided they enter the relevant age group, wear the appropriate age tags and provide proof of age.
- Unlicensed runners must wear plain clothes (no advertising permitted). Official event race number to be worn on the front and the temporary license number on the back.
- Personal seconding is not permitted except at official refreshment stations. Private vehicles are requested not to follow the athletes on the route.
- In addition to overall (Open) prizes, participants will only be eligible for an age category prize in the age category they enter. Corresponding numerical age category tags must be worn on the front and back of their club vest. Participants may enter the age category corresponding to their chronological age or any younger category up to senior.
- Proof of age is required for category prizes .
- Each race distance has a different race number range and colour with your data captured electronically. Do not transfer between races without notifying the race organisers.
- All traffic officers and marshals must be obeyed.
- The race organisers reserve the right to accept or reject any entry.
- The entry fee is non-refundable.
- Kilometre marker boards will be placed at each kilometre mark.
- Drinking / Sponging stations shall be provided at 3km intervals (Min 2.5km – Max 3.5km apart), or more frequently if weather conditions warrant such provision. Water and other suitable refreshments shall be available at the start and finish of all races.
- Medals will be handed to all finishers who complete the event within the cut off time.
- There will be tog bag facilities. Bags dropped off at runners' own risk. The organiser will be not be held responsible for any loss or damages.
- Toilets will be available at the finish venue.
- The use of music players with headphones is not allowed and may result in disqualification.
- Do not litter. Dispose of sachets and cups responsibly by using the boxes provided or carrying them to the Finish. Report offenders to the referees.

Race venue & beer garden:

Beer tent and food stalls available on sports field.

Accommodation:

No accommodation at military base.
Oudtshoorn Tourism Tel: 0442792532.

Enquiries: Joan Monakedi: Telephone – 073 732 1740 (office hours)

The Race Organiser: Richard Hughes –
Cell phone: 082 563 4573 (office hours) hughesrichard2014@gmail.com.

Entry info contact: info@topevents.co.za

POPI act: The Protection of Personal Information Act (or POPI Act) is South Africa's equivalent of the EU GDPR. It sets some conditions for responsible parties (called controllers in other jurisdictions) to lawfully process the personal information of data subjects (both natural and juristic persons).

INDEMNITY I agree not to hold the Military Sport Club, or Infantry School, or any other sponsors, or any persons assisting in the organization or holding of the race liable for any loss, injury or illness, which I may suffer directly or indirectly as a result of participating in the race, or for any damages to my property or loss of my property which I may suffer directly as a result of participating in the race. I confirm that this special agreement is entered into for the benefit of the Military Sport Club, the sponsor and the persons assisting in the organizing and holding of the race.

